



# Diagnosis and Treatment of Movement System Impairment

## Introduction of Concepts and Application

Featuring

**Suzy L. Cornbleet, PT, DPT**

Associate Professor of Physical Therapy and  
Orthopedic Surgery

Washington University School of Medicine

**April 11-12, 2015**

**Swedish Covenant Hospital  
Rehabilitation Services Department  
5157 N Francisco Ave., Chicago, IL**



14 Contact Hours  
IL License # 216.000215

### Introduction to Concepts and Application

Suzy L. Cornbleet, PT, DPT, will present the concepts and principles of the movement system syndromes and their relationship to mechanical musculoskeletal pain. This course will enable clinicians to identify impairments in movement, alignment, muscle length, stiffness, performance, as well as patterns of movement and their relationship to Movement System Impairment (MSI). The signs and symptoms of MSI syndromes of the low back, hip and shoulder will be described. The course will also include instruction in tests designed to develop and confirm the diagnosis and identify contributing factors.

Discussion will focus on the importance and means of:

- Developing a diagnosis
- Identifying muscle and movement impairments
- Developing and teaching a precise therapeutic exercise program
- Correcting alignment and movement patterns associated with functional and fitness activities

A lab will be offered to provide supervised performance of the examination and development of a corrective exercise program.

**Space is Limited  
Click Here to  
Register Now!**

#### **Attire:**

The course involves  
laboratory practice.  
Please wear gym clothes.

#### **Recommended Reading:**

Diagnosis & Treatment of Movement  
Impairment Syndromes by Shirley  
Sahrmann, Publisher-Harcourt Health  
Sciences, 2002.

Muscles: Testing and Function by  
Florence Kendall et al,  
Publisher - Williams & Wilkins, 2005.

# Diagnosis and Treatment of Movement System Impairment

## Introduction of Concepts and Application

### Day 1

8:00 - 8:30	Registration
8:30 - 10:30	Concepts and Principles of Movement System Impairments
10:30 - 10:45	Break
10:45 - 12:00	MSI Syndromes of the Low Back
12:00 - 1:00	Lunch
1:00 - 2:45	Demonstration and practice selected tests of the low back exam
2:45 - 3:00	Break
3:00 - 4:15	MSI Syndromes of the hip
4:15 - 5:00	Demonstration and practice selected tests of the hip

### Day 2

7:30 - 8:00	Check-in
8:00 - 8:30	MSI Syndromes of the hip (continued)
8:30 - 9:15	Demonstration and practice selected tests of the hip
9:15 - 10:30	Demonstration of MSI exam of volunteer with hip pain - determine diagnosis and develop treatment program
10:30 - 10:45	Break
10:45 - 12:00	MSI Syndromes of the Shoulder
12:00 - 1:00	Lunch
1:00 - 1:45	MSI Syndromes of the Shoulder (continued)
1:45 - 3:00	Demonstration and practice selected tests of the shoulder
3:00 - 3:15	Break
3:15 - 4:15	Demonstration and practice selected tests of the shoulder discuss treatment
4:15 - 4:30	Questions and Answers

*Note: Exact times and order of content are subject to change*

### Course Instructor

Suzy L. Cornbleet, PT, DPT, is an Associate Professor of Physical Therapy and Orthopaedic Medicine in the Program in Physical Therapy at the Washington University School of Medicine in St. Louis, MO. She also serves as a member of the Clinical Education Team for the Program. Her current clinical interests are in pediatric/adolescent and adult outpatient orthopedics, and she maintains a clinical practice at the Washington University School of Medicine PT Clinic. She has been instrumental in the development of Washington University's Fellowship in the Diagnosis and Management of Movement Impairment Syndromes and acts as a primary mentor. Suzy received her Bachelor of Science in Physical Therapy degree from the University of Colorado and both her Master of Arts in Education degree and her Clinical Doctoral degree in Physical Therapy from Washington University.



# Diagnosis and Treatment of Movement System Impairment

## Introduction of Concepts and Application

### Registration

**Tuition:** \$495

**Early Bird (before 1/10/2015):** \$450

**Email:** nsullivan@swedishcovenant.org

**Phone:** 773-878-8200 x2628

**Fax:** 773-561-0937

**Make Checks Payable to Swedish Covenant Hospital**

Mail To:

Swedish Covenant Hospital, Outpatient Rehab at  
Galter LifeCenter  
Attn: Nora Sullivan, PT  
5157 N Francisco Ave  
Chicago, IL 60625

**Name:** \_\_\_\_\_

**Profession:** \_\_\_\_\_

**PT License #:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Home Address** \_\_\_\_\_

**City/ State/ Zip:** \_\_\_\_\_

**Work/ Cell/ Home Phone:** \_\_\_\_\_

**Card Type:** \_\_\_\_\_

**Card #:** \_\_\_\_\_

**Name on Card:** \_\_\_\_\_

**Expiration Date:** \_\_\_\_\_

**Signature:** \_\_\_\_\_

Confirmation will be sent to you following receipt of registration and tuition.

### Location Details

Course will be held at  
Swedish Covenant Hospital's  
Rehab Services Department,  
Galter LifeCenter  
5157 N Francisco Ave.  
Chicago, IL

Continental Breakfast and  
snacks will be provided  
throughout the course.

Voted "Best CE Host Site"  
from 2004—2014  
Maitland Australian  
Physiotherapy Seminars

### Cancellation Policy

Tuition will be refunded less  
a \$50 administrative charge if  
notice of cancellation is  
received no later than 14  
days prior to the event. No  
refund will be issued if  
notification received less than  
14 days prior to course.

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